Click Here **To Schedule Your Free Initial Consultation**

Or Call Us: 703-335-9895

$100 Off Voucher For All Initial Medical Fees*
Click Here To Print Voucher

Our Personalized Weight Loss Programs:

4 Phases To Your Long Term Success

Pre-Diet: Detoxify your body and prepare it for ultimate weight loss. Set the stage for a new you!

Active weight loss: Intensive weight loss period with a program designed to fit your life. Appetite suppressants are not required, but are frequently used in this phase of weight loss.

Stabilization Phase: A 4-8 week period scientifically designed to transition you smoothly from active weight loss to long term, stable weight management.

Maintenance: Learn how to eat for your new body! Invaluable in helping you **maintain your new weight**.

All The Services You Need To Succeed!

Medical Monitoring: (All Programs)

Initial Blood Work (With Quest Laboratories)	Fasting Glucose/Diabetes Check
Lipid Analysis (cholesterol monitoring)	Body Measurements
Letters of Necessity for HSA/Flex Spending	

Appetite Suppressant Program: (A more aggressive approach for active weight loss)
Monthly visit with center physician while on medications (Fees Apply)
Initial EKG to determine heart health prior to starting appetite suppressants
Blood pressure monitoring while on medications

Nutritional Counseling: (All Programs)

Unlimited Weigh Ins	Individualized Diet Program
One–on-one Nutritional Counseling	Menu Assistance
Body Fat Analyses	Daily Food Log

B12 and Lipotropic B12 Injections (Basic and Appetite Suppressant Programs)
These are done weekly during all phases of all of our programs to aid in protein metabolism, increased energy, and decreased hunger pangs during the initial phase of weight loss

Please note: not everyone needs or uses appetite suppressants. The voucher may be used the initial medical fees for our basic B12 and B12 lipotropic programs as well.

Voucher is valid for new patients on their first appointment only